

Instructions for Filing Form DS-2019 for Visiting Scholar

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on an annual basis are as follows: 0/year (\$4,000/month) year) \$4,500/year/child

e based on the average costs of housing, utilities, meals, personal expenses,

Health Insurance

Program participants and their dependents are required to have medical insurance coverage with the following minimum benefits [22 CFR 62.14].

Medical benefits of at least \$100,000 per accident or illness Repatriation of remains in the amount of \$25,000 Expenses associated with the medical evacuation of the exchange visitor to his or her home country in the amount of \$50,000 A deductible not to exceed \$500 per accident or illness.

An insurance policy secured to meet the benefits requirements must be underwritten by an insurance corporation with an:

A.M. Best rating of "A-" or above Insurance Solvency International, Ltd. (ISI) rating of "A-I" or above Standard and Poor's Claims Paying Ability rating of "A-" or above, or Weiss Research, Inc. rating of B+ or above.

Cultural Immersion Program

The J-1 exchange visitor visa was created with the primary purpose of enabling cultural exchange between the United States and other nations, thereby "building mutual understanding between Americans and people of other countries." Cross-cultural exchange activities are an essential part of the University's J-1 exchange visitor program and of our continued ability to sponsor exchange visitors across campus. To comply with the federal regulatory requirements of the exchange visitor program, all sponsoring Faculty/Departments must have plans in place to offer cross-cultural exchange opportunities to J-1 exchange visitors and their J-2 dependents. Examples of such activities:

Attending local seasonal festivities, such as fairs and celebrations Visiting historic or otherwise important sites (e.g. Washington D.C., Monticello, etc.) Attending theater, ballet, or seasonal area activities Participating in Thanksgiving, Christmas, or other important U.S. holidays Volunteering in the community, participating in the everyday life of the U.S. population